

Publications related to Religion, Meditation & Fasting

Pratap Sanchetee

Books edited

1. Kachhara Narayan Lal, **Pratap Sanchetee** (Editors). Soul-Mind-Body: A Karma and Genetic Study. ISBN No 978-93-92317-92-7. Prakrit Bharti Academy, Jaipur, India 2024.
2. Samani Chaitanya Prajna, **Pratap Sanchetee** (Editors). Consciousness in Science and Jain Philosophy. Proceedings of the International Conference on Science and Jain Philosophy 2021 held at Florida International University, Miami, USA in 2021.
3. **Sanchetee Pratap**. Role of Yoga and Spirituality in Stroke Rehabilitation. In: Sanchetee, P., editor. Post stroke rehabilitation [Internet]. London: IntechOpen; 2022. <https://www.intechopen.com/books/post-stroke-rehabilitation/role-of-yoga-and-spirituality-in-stroke-rehabilitation>. <https://www.intechopen.com/books/post-stroke-rehabilitation>.

Papers published

1. **Sanchetee Pratap, Sanchetee Prakash**. The Significance of Fasting in Jainism. In: Significant Contributions of Jainism, Volume I. Editor Dhuti Ghia Rathi. 2026. PP121-133.
2. **Sanchetee Pratap, Sanchetee Prakash**. Brain as relevant to Karma philosophy. In: Kachhara NL and Sanchetee, P., editors. Soul-Mind-Body: A Karma and Genetic Study. Jaipur, India: Prakrit Bharti Academy, 2024. pp 116-136.
3. **Sanchetee Pratap, Sanchetee Prakash**. Karma and neuroscience. In: Kachhara NL and Sanchetee, P., editors. Soul-Mind-Body: A Karma and Genetic Study. Jaipur, India: Prakrit Bharti Academy, 2024. pp 137-145.
4. Lakhani J, Shah A, Shah S, Shah B, **Sanchetee P**, Shah P, Parmar G, Jasani J, Doshi P. Effect of Ayambil (A type of Jain intermittent fasting) on plasma glucose, lipid profile, anthropometric and psychological parameters: An observational study. Curr Res Nutr Food Sci 2024; 12(1):137-146. [doi: https://dx.doi.org/10.12944/CRNFSJ.12.1.11](https://dx.doi.org/10.12944/CRNFSJ.12.1.11).
5. **Pratap Sanchetee**: Scientific Views on Sensations and Perceptions: Thought for Philosophy. Proceedings of 2nd International Conference on Science and Jain Philosophy held at Florida International University, Miami, USA. 2021
6. **Pratap Sanchetee**. Scientific Views on Sensations and Perceptions: Thought for Philosophy. Proceedings of Jain Academy of Scholars, Ahmadabad. 2021: 1(3):62-71.
7. **Pratap Sanchetee**, Prashant Sanchetee. Scientific Basis of Violence and Nonviolence. Proceedings of Jain Academy of Scholars, Ahmadabad. 2020: 1(1):12-17.
8. **Sanchetee Pratap**, Prashant Sanchetee. "COVID-19 and spiritual technologies: Turn 'Bane'to 'Boon.'." International School for Jain Studies Transactions July-Sept 2020: 4(3)15-24.
9. **Sanchetee P**, Sanchetee P, Garg MK. Effect of Jain fasting on anthropometric, clinical and biochemical parameters. Indian J Endocr Metab 2020; 24:187-90. [10.4103/ijem.IJEM_601_19](https://doi.org/10.4103/ijem.IJEM_601_19)
10. **Pratap Sanchetee**, Suresh C. Sanchetee. Relevance of pineal gland: Science versus religion. Yog Mimansa 2018; 50:41-8. Available from: <http://www.ym-kdham.in/text.asp?2018/50/2/41/245568>

11. Samani Shreyas Pragya, **Pratap Sanchetee**. Impact of Preksha Meditation on alpha waves in EEG in college Girls, Indian Journal of Clinical Anatomy and Physiology, October-December, 2018; 5(4): 519-524. <https://www.innovativepublication.com/journal-article-file/7803>.
12. **Pratap Sanchetee**, Prakash Sanchetee. Meditation and Brain: An Overview. In Jain Philosophy: A Scientific Approach to Reality. Eds Samani Chaitanya Prajna, Bhandari Narendra, Kachhar NL, BMIRC, JVBI, Ladnun. 2018: 284-301.
13. **Pratap Sanchetee**, Prakash Sanchetee. "Scientific View on Fasting" In Jain Philosophy: A Scientific Approach to Reality. Eds Samani Chaitanya Prajna, Bhandari Narendra, Kachhara NL, BMIRC, JVBI, Ladnun, 2018.
14. **Pratap Sanchetee**. Meditation and Healthy Ageing for Seniors. The Indian Practitioner 2018; 71(9): 21-29.
15. **Pratap Sanchetee**, Arvind Jain, Harish Agarwal. Preksha Meditation and Mental Health in Elderly Journal of The Indian Academy of Geriatrics, 2017; 13 (3) September, 131-138.
16. **Pratap Sanchetee**, Mishra JPN, Jansma R. "Mind, Brain and Consciousness" In Scientific Perspectives of Jainism, Eds Samani Chaitanya Prajna, Bhandari Narendra, Kachhar NL, BMIRC, JVBI, Ladnun, 2017.
17. **Sanchetee PC**. Art and Science of Successful Aging. In Text Book of Geriatrics, Editor: Pratap sanchetee. Paras Medical Publisher, Hyderabad, 2014.
18. **Sanchetee P**, Samani Chaityapragya. Can we challenge aging? J Ind Acad Geriatr 2012; 8: 99-100.
19. **Sanchetee P**. Art and Science of Healthy Ageing. J Ind Acad Geriatr 2012; 8: 51-54.
20. **Sanchetee P**. Spirituality and aging: Fact or fiction. J Ind Acad Geriatr 2011; 7: 47-49.

PhD Thesis guided at JVBI, Ladnun

1. Samani Shreyas Pragya, **Pratap Sanchetee**. Impact of Preksha Meditation on alpha waves in EEG in college Girls, Thesis accepted by JVBI, 2014.
2. Samani Amrit Prajna, **Pratap Sanchetee**. Effect of Preksha Meditation on menopausal syndrome. PhD Thesis accepted by JVBI, 2018.
3. Chakshu Pathak and **Pratap Sanchetee**. Effects of preksha meditation and yoga on management of diabetes mellitus. PhD Thesis for JVBI, Ladnun
4. Parag Jain and **Pratap Sanchetee**. Effect of Preksha Meditation on management of migraine. PhD Thesis for JVBI, Ladnun
5. Surya Praksah, and **Pratap Sanchetee**. Modulations in fMRI, serum cortisol and psychological parameters in chronic alcoholics following meditation PhD Thesis for JVBI 2026

Major Projects BMIRC, JVBI, Ladnun

1. Preksha Meditation and Mental Health in Elderly 2016
2. Effect of Prolong Fasting on Human Health, 2016