

Daily Violence Counter

Awareness of life style Using a Quantitative Personal Violence Index



WELCOME TO
VIOLENCE INDEX



A Step Towards Green and Happy Future
With awareness and regulating Violence

Why Daily Violence Count?

4:20

← **Registration**

Anandabad

Select the Life Style Category You Belong to

Basic

Further Categorise based on your Lifestyle

Saint

Select Your Objective to follow Non-Violence

Care for Environment ☐

For Better Physical or Mental health ☐

For Social Harmony ☐

Working Atmosphere ☐

Spiritual Improvement ☐

Optimum Resource Utilisation ☐

Submit

25-09-2025

To study and optimize the role of various life styles on:

- Psychological and physiological wellbeing
- Environment
- Spiritual growth
- Harmony in the world
- Preserving resources for future generations

$$\text{DVC} = \{(\text{Daily fixed VI}) + \text{Occupation} + \text{Occasional VI}\} - \{\text{Negative VI}\}$$

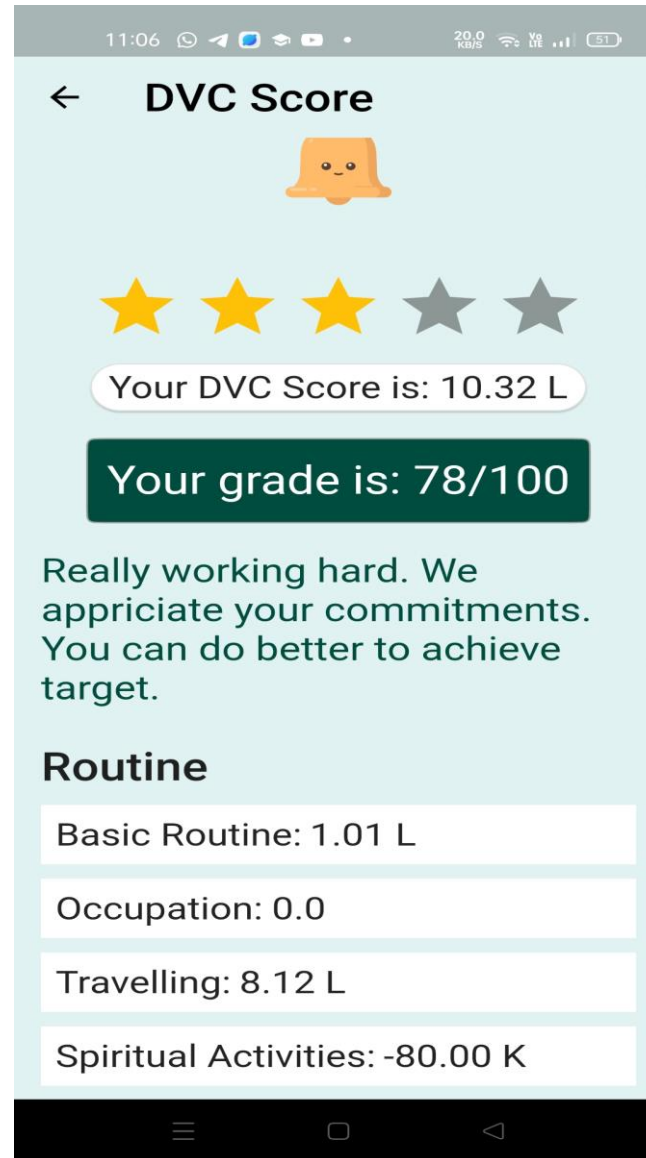
Daily Violence due to Life style

Occupational activities

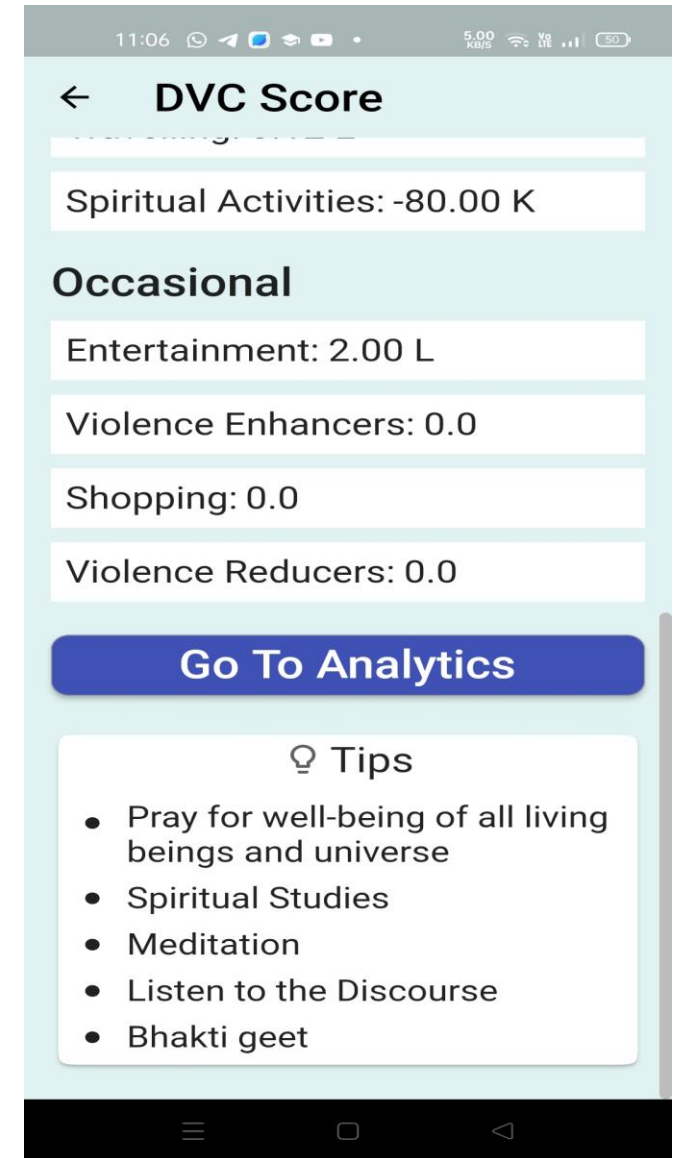
Travelling

Occasional/casual activities

- Travelling, Medicines, Events
- Shopping, cosmetics, leather items, clothes, gazettes, vehicles, Machines
- Violence Enhancers: drugs, conflicts etc



Ashesha Parikh



3

Rating, Score and Suggestions for improving DVC

4:48 1.00 KB/s

← **Score**

★★★★★

Your score is: -6.85 L

Your grade is: 100/100

Congratulations, You are among the best of the population, doing minimum harm to other organisms and Environment. Try to break your own record.

Routine

Basic Routine: 5.13 K

Occupation: 0.0

Travelling: 140.0

Spiritual Activities: -80.00 K

Occasional

- Generate daily report of all categories of activities .
 - **Suggestions of Violence Reducers - to compensate for the harmful activities.**
- The best performer from Basic, Frugal, Average and Exorbitant categories.

2:50

← **Score**

Travelling: 2000.0

Spiritual Activities: -645.0

Occasional

Entertainment: 0.0

Violence Enhancers: 0.0

Shopping: 0.0

Violence Reducers: 0.0

Submit

Compare Your Scores

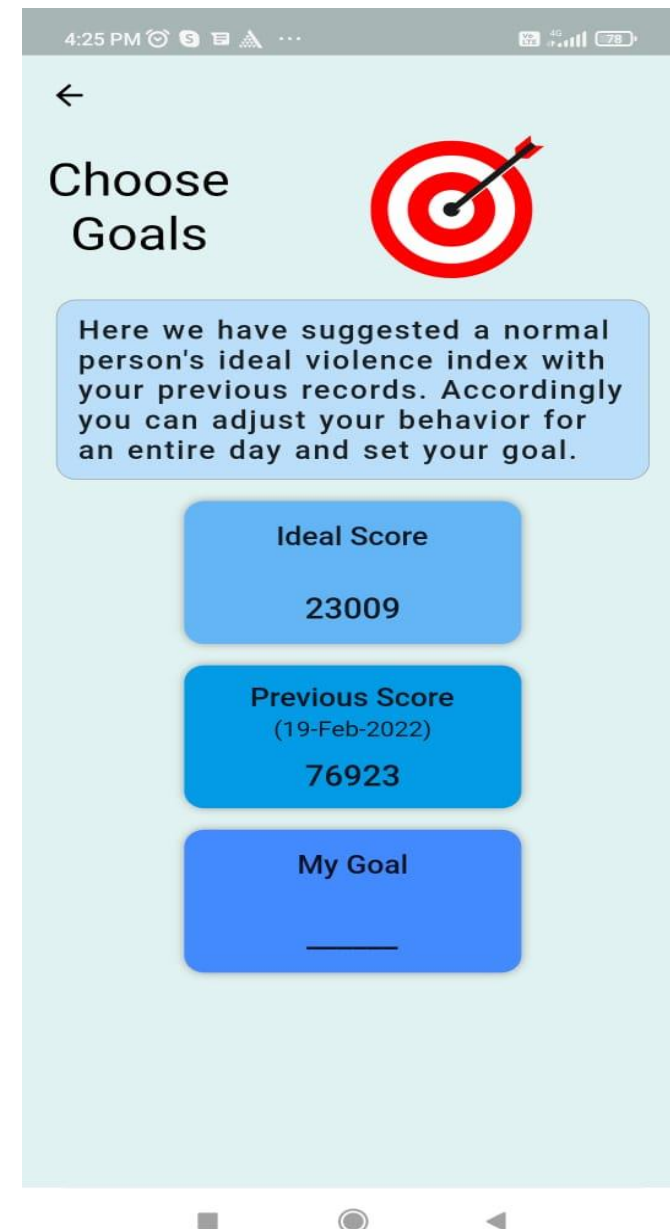
Tips

- Spiritual Studies
- Meditation
- Listen to discourse from given link and show them to your near and dear ones.

Score Analysis and Goal



- Daily profile graph and suggestions for improvement will be displayed.
- Target DVC can help to plan the activities of the next day with better awareness.



Comparative study

Jain Saint	DVC 400000 Below Zero
Jain Life style	DVC 100000 Below Zero
Vegetarian	DVC Upto 400000 Above Zero
Non-Vegetarian	DVC More than 400000

- Due to the least harmful activities and more awareness towards activities performed along with least possession,

It is observed that Jain saint's net Daily Violence count is almost 400000 to 100000 lac below Zero.

Recite the DVC once in the evening.

- Think about your DVC before going to bed.
- Can you reduce DVC for the next day.

Set your Goal

- Non-violence, minimizing consumption and respect for other's opinion are the basis of this application.



Be Humble + Worship + Confess + Repent
+
Promise for not to repeat it + Meditation

Take away

- Message:

Mutual dependence among living beings

Without disturbing the Non-living.

We exist because of others

परस्परपग्रहो जीवानाम - अजीवानाम

- Avoid the use of all animal products such as meat, fish, chicken, eggs, milk, cheese, ice-cream, butter etc.
- Refrain yourself from the use of silk, fur, pearls, leather, or any other products created by animal cruelty.
- Say No To more Possession.
- Refrain from addictive substances, such as alcohol and illicit drugs.

Daily Violence Counter Mobile Application

Prepared by:

Jain Academy of Scholars and
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For reducing your daily violence and its
bad effects on the earth.

For Coexistence-Happiness and peace
for all inhabitants of Earth.



- For more information Contact:

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How to Install?

- 1) Go to Google Play Store
- 2) Search 'Daily Violence Counter'
- 3) Will find Application with Icon
- 4) Click on Icon
- 5) Install it.
- Note: This application is in testing Phase.
- Your Valuable feedback can help us to improvise it.

